

SKDA Traditional Karate

Level 11th Kyu - White Belt with Black Stripe.

Level 10th Kyu - White Belt with Orange Stripe.

Level 9th Kyu - Orange Belt

Grading Material

This is the 11th 10th and 9th levels of the SKDA grading syllabus material for schools and clubs, each level is tested and awarded according to the knowledge and understanding of the student.

Syllabus Required:

Kneeling Position – Seiza

Yoi – Ready Position

Lower Block - Gedan Barai

Upper Block - Age Uke

Outside Block - Soto Uke

Forward Punch - Oi Tsuki

Forward Kick - Mae Geri

Kihon Kata
